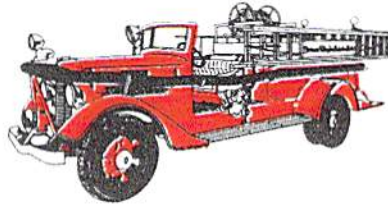


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Florissant Valley Fire Protection District

661 St. Ferdinand Street
Florissant, Missouri 63031



DAN LUBIEWSKI
Director

MATT BECKER
Director

BOB CARMACK
Director

SCOTT SEPELT
Chief of Department

Fitness/Exercise Equipment

The Florissant Valley Fire Protection District is seeking bids for a Fitness/Exercise Equipment for all 3 of the Districts locations. Specifications for the Equipment may be requested by email directed to Fire Chief Scott Seppelt at sseppelt@fvfpd.com starting Monday April 13, 2017.

Sealed bids will be received by the Florissant Valley Fire Protection District, 661 St. Ferdinand, Florissant, Missouri 63031, no later than 12 o'clock noon, April 25, 2017, and should be clearly marked "Fitness/Exercise Bid." Sealed bids will be opened publicly at the next regularly scheduled Board meeting, April 24, 2017 at 7:30 AM. The bids will be reviewed and the successful bidder will be notified on or before May 2, 2017.

The Board of Directors of the Florissant Valley Fire Protection District reserves the right to waive any and all formalities and deficiencies in any bid and to reject any and all bids, or any part thereof, and re-advertise the work.

Equipment List

- 3 - Commercial Grade Treadmills**
 - 3 - Concept Model D Rowers**
 - 3 - Cybex Arc Trainers**
 - 3 - 4' Wall Mounted Squat rack/pull up stations**
 - 3 sets Sand Bag Kits (each kit will include: 1-8" x 20", 1-9 ½" x 27", 1-12" x 36" outer shell bags, and 5 fill bags)**
 - 6 sets Olympic bar and bumper plates (each set will include: 1-olympic bar, 2-45 lb., 2-35 lb., 2-25 lb., 2-15 lb., and 2-10 lb. plates)**
 - 3 - Hex Trap Bars**
 - 3 - Plate and bar storage racks**
 - 3 sets Kettlebell's (each set will include: 1- 35 lb/16kg, 1- 44 lb/20kg, and 1- 53lb/24kg kettlebells)**
 - 3 sets Med Balls/Slam Balls (each set will include: 1- 10lb., 1- 14lb., and 1- 20lb. Balls)**
 - 6 - Foam Rolls**
 - 3 - Adjustable Weighted vests**
 - 3 - Wall Timers**
 - 3 - 40' Battle Ropes**
 - 6 - Soft Plyo Box's (20" x 24" x 30")**
 - 3 sets Strength Bands (assistance/resistance bands) (each set will include: 1- 10-50lb, 1- 25-80lb, 50-120lb, and 60-150lb bands)**
- Also, in your bid there should be an option and price for an extended warranty and a 2 year preventive maintenance on the treadmills and Cybex's.**